

A M Y T O K O S

Professional Organizer and Owner of Freshly Organized in Omaha, NE

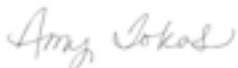
Thank you for your interest in Freshly Organized. My passion lies in helping people transform their lives by transferring my organizing skills. The impacts of implementing an organization strategy in both the home and corporate realm are immediate and transformative. These strategies inspire more productive professional lives and more relaxed personal lives. After launching my business in 2008, I have been able to impact many lives. I'd be honored to help your family or organization experience this transformation.

My personal desire to organize and simplify came into focus after my husband and I had our second child. At this time, the stuff in our home began to multiply. We had an excess of toys, clothes, papers and time commitments. Now, fast forward to today, Tom and I are volunteers at the kids' schools, our church, in our community and within our professions. We have four school age children that follow our lead. They volunteer, participate in sports and activities, help around the house and are also expected to maintain their school work and grades. By simplifying and staying organized, we have created a comfortable and relaxing home atmosphere despite all the potential for chaos.

The very first step I took to become a professional organizer was to join the National Association of Professional Organizers. Through this organization, I started my orientation and education. After several years of training and involvement, I was approached to help start a new chapter within the organization. I became the Director of Professional Development for the Virtual Chapter and later the President. This enhanced my ability to provide value to my clients by allowing me not only to practice my craft, but to train and lead others to do the same. From 2010-2013, our chapter went from a vision to one of the biggest NAPO chapters in the country. I am continuing to volunteer in the chapter and also as a media spokesperson for NAPO National. I also got certified as a professional organizer in 2012 and I am the only Certified Professional Organizer(CPO®)in the state of Nebraska.

I am available for interviews, speaking engagements and/or employee training. I will bring a professional approach to each engagement. Your audience will be engaged while I share my organizing expertise.

Again, thank you for your interest in Freshly Organized. You can reach me by e-mail at amy@freshlyorganized.com or by phone at 402-670-3271.



Amy Tokos, CPO®

Amy Tokos, CPO® – Professional Organizer and Owner of Freshly Organized

Certified Professional Organizer and Speaker



Organization Philosophy: Keep it simple.

Mission Statement: I want to help others make their homes and offices more streamlined and organized.

Where You've Seen Her: Amy's organizing tips are featured each month in MOMAHA Magazine. She co-authored the book *Outrageously Organized*. Her tips have been featured in Good Housekeeping, Rachel Ray Online Magazine, the Omaha World Herald, and HGTV Remodels.

In Her Own Words: I worked in engineering to make manufacturing processes simpler and more efficient. This "lean" thinking naturally carried over into my home. When I saw the peace and joy it brought to my family, I made it a career to bring the same to my community.

Amy is a member of the Heartland Organizers, Faithful Organizers, National Association of Professional Organizers (NAPO) and Past-President of the NAPO Virtual Chapter and current Golden Circle Co-Chair

Contact info: amy@freshlyorganized.com, 402-670-3271

Social Media:

Facebook: <https://www.facebook.com/FreshlyOrganized>

Twitter: @organizingamy

Linkedin: www.linkedin.com/in/amytokos/

You Tube: <http://www.youtube.com/user/amytokos/>

Amy Tokos,CPO® - Professional Speaker

Speaking Engagements:

Amy has presented to large and small groups across Nebraska and Iowa. A few of her presentations have been seen by:

Blue Cross Blue Shield Employees

Iowa Western Students

Omaha World Herald Employees

First State Bank and Trust in Fremont University program attendees

Knowles Mercy Spirituality Center Guests

Society of Women Engineers Members

Girls Scouts of America - Leaders and Scouts

Nebraska Lawyers Club Members

SAC Federal Credit Union Employees

Plus many more.

Professional Volunteer Positions:

NAPO (National Association of Professional Organizers) - Media Spokesperson, May 2013-present

NAPO (National Association of Professional Organizers)- Golden Circle Co-Chair Oct 2013-Present

NAPO Virtual Chapter, Immediate Past President - May 2013-May 2014

NAPO Virtual Chapter, President - May 2012-2013

NAPO Virtual Chapter, Director of Professional Development April 2010-May 2012

Amy Tokos,CPO® - Professional Resource

Good Housekeeping: Organizing Made Easy

<http://www.napo.net/pdfs/2014/Good%20Housekeeping%200114.pdf>

HGTV Remodels: Basement Storage Tips

<http://www.hgtvremodels.com/interiors/basement-storage-tips/index.html>

Verizon Wireless Midlands: Productivity Apps and Advice 2014

<http://vzwmidwestarea.com/productivity-apps-advice-stay-organized-tech/>

Smead: Family Management with Amy Tokos- video 2013

<http://www.smead.com/Director.aspx?NodId=2176>

Guest on The Mulberry Lane Radio Show

<http://www.mighty129k0oil.com>

Monthly Contributor to Momaha magazine, September 2011-present -

<http://blogs.momaha.com/momaha-magazine/>

Inspired Home Magazine: Month by Month Strategy

http://issuu.com/omaha-world-herald/docs/14_01_inspiredliving_issuu2/62?e=0/6414947

Rachel Ray Online Magazine:Back To School Planning:

http://www.rachaelray.com/article.php?article_id=264§ion=kids

Omaha World Herald: Sprucing Up

<http://www.omaha.com/article/20120602/HOUSEDTOHOME08/706029840#sprucing-up>

Omaha World Herald: Money-smart resolutions: Organization and comfort can coexist - January 2014

<http://www.omaha.com/article/20140102/MONEY/140109944/1697#money-smart-resolutions-organization-and-comfort-can-coexist>

KETV: 5 Day Organizing Series February 2014

<http://freshlyorganized.com/getting-organized-ketv-has-amy-tokos-cpo-help-you/>

WOWT Channel 6 has featured Amy talking about useful apps and organizing travel.

<http://www.wowt.com/home/headlines/46971952.html>